

EASTER SUNDAY

YEAR C

# He is risen!





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#### Share your highs and lows, or respond to the following:

- 1. Share about a time when you received some amazing news. How did you react?
- 2. Jesus' followers reacted in different ways to the news that he had risen from the dead (read Luke 24:4-12). If you were there, how do you think you would have reacted?
- 3. How do you live in the power of the resurrection?



#### **BIBLE READINGS**

Read the following Bible readings throughout this week. Talk about what words or phrases stand out for you.

S	Luke 24:1-12	He is risen!
М	Acts 10: 34-43	The Gentiles hear the Good News
Т	Isaiah 65:17-25	New heavens and a new earth
W	Luke 24:13-49	The risen Christ is revealed
т	Acts 13:26-37	Paul tells of Jesus' resurrection
F	1 Peter 3:18-22	Saved through the resurrection
S	Psalm 118: 14-24	The Lord is my strength

# VERSE OF THE WEEK

The women were terrified. They bowed down with their faces to the ground. Then the men said to them, "Why do you look for the living among the dead? Jesus is not here! He has risen!"

LUKE 24:5-6A



#### CREATIVE RESPONSE

Easter Sunday is the most important day of the church year, but the celebration of Easter does not end there.

It continues for a full fifty days, right through to Pentecost. These 50 days of Easter are a wonderful opportunity to explore and celebrate Easter more fully.

Make up a large cross out of cardboard or wood. Cut out 50 'flowers' from sheets of coloured paper. Each morning or evening of the Easter season, ask a household member to share something they saw or experienced during the day which gives cause to say 'Alleluia.' Have them place a flower on the cross.

On Pentecost Sunday you will have a colourful reminder of God's good work in your lives.



### **ACTION RESPONSE**

Flowers are signs of life and joy, and are often used to symbolise Easter. Make up or purchase a bouquet of "resurrection flowers" to give to someone who is sick, in hospital, or going through a difficult time.



#### MEALTIME PRAYER

Lord of the empty tomb, as you fill our bodies with food, fill our lives with hope, and our hearts with love.

Alleluia!



## **PRAYER**

Risen Lord Jesus, replace our fears with boldness, our doubts with certainty, and our unbelief with faith. Amen.



## **BLESSING**

May the resurrection of Jesus give you joy and hope.